

****Sign up is required for most events – see top left for registration details****

Intercultural Family Support Center | 1881 Worcester Road Framingham, MA 01701 www.AIFSC.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RSVP Details: Intercultural Family Support Center Events please register here				4: Yoga en Español Zoom 4 p.m. – 5 p.m. RSVP required	5: Fridays at Apex Marlborough 3 p.m. – 5p.m. Sign-up Required	6
7	8:Office Hours – Rosii Pelham Rec Center: Location: 103 Second St. Framingham 10:30 am – 1:30 pm RSVP required	9:Tuesdays at Apex Marlborough 3 p.m. – 5p.m. Sign-up Required	10:Evening Office Hours Advocates, 1881 Worcester Road, Framingham Sign-up Required 3 pm – 5 pm	11:Meditation and Yoga Zoom 4 p.m. – 5 p.m. RSVP required	12	13:Putts & More: Summer Mini-Golf 9:30 – 1 p.m. 750 Concord st. Holliston, MA Sign-up Required
14	15:Office Hours - Sonia Pelham Rec Center: Location: 103 Second St. Framingham 10:30 am – 1:30 pm RSVP required	16:Spanish Caregiver Support Group Ages 14 and over 6:30 pm -7:30 pm RSVP required	17	18: Yoga en Español Zoom 4 p.m. – 5 p.m. RSVP required	19 Fridays at Apex Marlborough 3 p.m. – 5p.m. Sign-up Required	20:
21:DHG Back to School Extravaganza 11 a.m. – 4 p.m. (11 – 12 Sensory Friendly hour) 1 Morton st. Framingham, MA 01702 For more information email aifsc@advocates.org	22:Office Hours – Alexis Pelham Rec Center: Location: 103 Second St. Framingham 10:30 am – 1:30 pm RSVP required	23:Tuesdays at Apex Marlborough 3 p.m. – 5p.m. Sign-up Required	24:Evening Office Hours Advocates, 1881 Worcester Road, Framingham Sign-up Required 3 pm – 5 pm	25:Meditation and Yoga Zoom 4 p.m. – 5 p.m. RSVP required	26: Canobie Lake Park – New Hampshire 10:30 a.m. – 1:30 p.m. Sign-up Required	27:
28:	29:Office Hours - Rosii Pelham Rec Center: Location: 103 Second St. Framingham 10:30 am – 1:30 pm RSVP required	30:Spanish Caregiver Support Group Ages 14 and over 6:30 pm -7:30 pm RSVP required	31			