Adult Family Care

We honor each family's unique needs, preferences and cultural diversity.
Adult Foster Care is a state-funded program that allows seniors and persons with disabilities who need assistance with personal care tasks to remain in the home and in the community, with a qualified caregiver.

Advocates became an AFC provider in January 2006.
What Makes the Advocates Approach Unique?

- Personalized & culturally sensitive approach for Caregivers, Members and their families
  - Staff are fluent in English, French, Haitian-Creole, Lithuanian, Cantonese, Mandarin, Portuguese, Russian and Spanish.

- Consultation, support, and education for medical or clinical questions

- Help connecting families to outside resources and agencies

- *Advocates has multiple service lines and internal resources available to Members and Caregivers*
ADULT FAMILY CARE

Four Basic Components of the AFC Program

Member
Caregiver
Qualified Setting
Oversight
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Member Eligibility

The **Member**, or person receiving services:

- Must be 16 years of age or older
- Must live with their Caregiver
- Must have a physician’s order for Adult Family Care
- Must be eligible for MassHealth Standard, CommonHealth, or a contracted Senior Care Option (SCO) or OneCare plan
- Must have a medical or mental health condition that requires assistance with an Activity of Daily Living (ADL); toileting, bathing, dressing, eating, transferring or ambulation.
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Caregiver Eligibility

The Caregiver must:
• Be over 18 years of age
• Live in the same home with the Member
• Complete a CORI, SORI, and OIG inquiry
• Complete 2 Reference Checks

The Caregiver can be:
• Parent (not a legal guardian)
• Adult sibling
• Adult child
• Step-parent
• Extended family member (cousin, aunt, grandparent) who lives in the home
• Non-family member

A Caregiver cannot be:
• Court appointed legal guardian
• Parent if person receiving services is under 18
• Spouse
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Eligibility Levels of Adult Family Care

Level 1

- A member is eligible for Level 1 assistance, based on a medical or mental health condition that requires cueing and supervision for an Activity of Daily Living (ADL).

- A Case Manager and a Registered Nurse alternate monthly visits in the home.

- The Caregiver receives a monthly tax-free stipend for care provided.
Level 2 Care

ADULT FAMILY CARE
Eligibility Levels of Adult Family Care
Level 2

- A Member is eligible for Level II assistance based on a medical or mental health conditions that requires hands-on assistance, or hands-on assistance and a behavior.

- Monthly visits from a Case Manager and a Registered Nurse in the home.

- The Caregiver receives a monthly tax-free stipend for care provided.
Included
ADLs

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ADL List

Examples of ADLs:

- Bathing
- Dressing (Upper & lower body)
- Eating
- Toilet use
- Transferring in the home and/or outside
- Locomotion

Examples of Behaviors:

- Wandering
- Verbal or physical abuse
- Socially inappropriate behavior, or
- Resisting care
Examples of ADLs NOT included:

- Meal Preparation
- Grocery Shopping
- Personal Hygiene – brushing teeth, brushing hair etc.
- Bill Paying
- Medication Management
- Transportation to and from medical appointments etc.
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AFC Qualified Setting

- Must be a private residence in MA
- The Caregiver must live in the same home as the Member(s)
- The home cannot be occupied by more than 3 AFC Members regardless of payer – and not more than 2 Level II Members.
- It cannot be a hospital, nursing facility, rest home, group home, intermediate care facility, hotel or assisted living residence
- Must be accessible to meet the needs of the Member(s)
- Meet AFC-specific requirements (sanitary, safe etc.)
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The Process

Intake & Assessment Process
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Intake and Assessment

• An AFC Team Member conducts an initial phone screen to determine basic Member needs and insurance coverage [i.e. Name, DOB, SS# or MassHealth number]

• If they pass the phone screen, an AFC Registered Nurse completes an assessment to determine Member eligibility

• A Case Manager assesses the home for safety and wellbeing and gathers Caregiver documentation

• The AFC Team coordinates with the Member’s doctor to gather Member and Caregiver documents which must be collected and submitted to MassHealth for authorization of services
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AFC and other Mass Health Programs

The Member cannot receive similar services at the same time.

Similar Services not allowed:
- Personal Care Attendant (PCA)
- Group AFC
- Shared Living
- Home Care Services (some limited exceptions for Waiver clients)

Services allowed:
- Day programs (Day Hab, Adult Day Health, etc.)
- Hospice, VNA
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Covid19 Updates

• Advocates is an Essential Service and we continue to provide care to our Members
• Due to the Covid 19 pandemic Mass Health has provided flexibilities to continue to provide services:
  • Video assessments – FaceTime or Zoom
  • Certain paperwork requirements have been waived
  • Telehealth visits are allowed at this time
  • Caregiver and Member privacy is important to us and all services provided are HIPPA-compliant
Time for Questions!

ADULT FAMILY CARE

Q & A
ADULT FAMILY CARE

Connect with us!

Referrals & Questions
Phone: (888) 628-6885
Email: AFC@Advocates.org

To learn more about Adult Family Care visit www.advocates.org then click Adult Family Care.

For more details, or to become a Caregiver, please contact Caregivers@Advocates.org or complete the online form: https://www.advocates.org/provide-support-your-home