The Living Room

For many people in crisis, connecting with another person with shared lived experience can be a vital factor on the journey to mental health and addiction recovery. That connection is available at The Living Room, a welcoming space where people experiencing emotional distress can walk in and connect with a peer specialist on the spot.

The Living Room program provides a 24-hour crisis alternative to emergency department visits and hospitalization. Located in Framingham, The Living Room is the only program of its kind accessible to people in the MetroWest and greater Boston areas.

No referral is necessary to visit our comfortable, home-like location, staffed entirely by trained, certified peer specialists. The Living Room creates an experience that is entirely voluntary and focused on respect, mutuality, and trust. Peer specialists don’t administer medications or take clinical notes. Instead they use their expertise and personal stories to inspire hope and demonstrate that recovery is possible for everyone.

Together, people experiencing difficulties and peer specialists share with each other what is needed and available, and build a sense of community. We provide flexible and compassionate care, connection to a variety of recovery resources in the community, assistance with housing and employment, and participation in peer support groups.

COVID-19 Update

The Living Room is open for in-person visits from 8:00 a.m. - 10:00 p.m. with a limit of 2 guests at a time. Call (508) 661-3333 before visiting, if possible.

24-hour phone support is available. Call (508) 661-3333 to connect with a peer specialist.

The Living Room is a nonsmoking property.